

Please complete the form, sign and return it by regular mail to:

or email a PDF scan to:
gisela@yogahlada.ch

Yogahlada GmbH
Unterer Graben 1
9000 St. Gallen

200h Prajna Yoga Teacher Training 2017/2018 Application and Information Form

First name: _____

Last name: _____

Street address: _____

ZIP / Postal Code: _____

City: _____

Country: _____

Home phone: _____

Cell phone: _____

Your Email address: _____

Your birthday: _____

Do you have a good understanding of English language?

yes no

Please give a brief description of your formal education:

How did you hear about Prajna Yoga?

Have you taken workshops or classes with Prajna Yoga teachers in the past?
If so, with whom and where?

How long have you practiced yoga?
How often do you practice?

What tradition(s) have you been trained in?
Who have been your primary teachers?

Do you have a meditation practice?
For how long? In what tradition?

Do you currently teach?

If yes, please describe your classes and if you currently have a Yoga Alliance Certification.

Do you wish to teach yoga or is your aim primarily to deepen your practice and knowledge?

Do you have a background in the healing arts?

(acupuncture, massage, Feldenkrais, Somatics, Rolfing, etc.)

Do you have a background in the social services?

(working with children, nursing, counselling, etc)

Do you have experience teaching, in any subject?

Have you studied anatomy before?

If so, in what context?

Have you any previous exposure to the teachings of the Buddhadharma?

Do you have any physical limitations, health related issues or injuries that may impact your study and practice? If you have serious health conditions please let us know and we will provide a more detailed health questionnaire.

Please list any surgeries you have had and/or and traumas you have experienced.

Do you currently have a Prajna Yoga Certification?
If so, what year?

What do you hope to achieve from this training?

Please feel free to add additional information you regard as relevant to your study of yoga:

The (not so) small print

The regular price is CHF 4'300,-. Early bird registration until May 31, 2017: CHF 3'950,-.

Training manuals and/or handouts, snacks, water and tea are included. Recommended Reading, accomodation in St. Gallen and lunch are not included.

We will get back to you within a week upon receipt of the completed form and confirm your enrolment to the training. When we have confirmed your enrolment, a deposit of CHF 400,- is due within two weeks. The remainder is to be paid by no later than July 31, 2017.

The deposit is non-refundable except if the training is canceled for any reason whatsoever. You may cancel your reservation prior to March 31, 2017 and we will keep only the deposit. The full amount is owed if you cancel on or after April 1, 2017.

Places are limited! Min./max. participants: 12/25.

With your signature below you confirm that you have read and understood the details of the training as set forth on <https://www.yogahlada.ch/prajna-yoga-tt-2017-2018> and that you agree to the above conditions.

_____, _____, _____
Place Date Signature

